

# How to Register

Register online on the Sunset Skating Club website:

[www.sunsetskatingclub.com](http://www.sunsetskatingclub.com)

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## Club Contacts

Club message line: **604-321-1330**

[info@sunsetskatingclub.com](mailto:info@sunsetskatingclub.com)

**Registrar:** [sunsetregistrar@hotmail.com](mailto:sunsetregistrar@hotmail.com)

**Canskate & Junior Development Coordinators:**  
Jennifer ([skating.director@sunsetskatingclub.com](mailto:skating.director@sunsetskatingclub.com))

**Note:** Due to the structure of the CanSkate program there will be no make up classes for missed days. Credit will be issued for missed classes due to illness with a doctor's note.



# Sunset Skating Club

Arena located at 390 East 51<sup>st</sup> Avenue, Vancouver, B.C.

## CanSkate Programs

### Schedule



SKATECANADA

**CANSKATE**

**Fall 2017**

September 11 – December 16, 2017

Register online on the Sunset Skating Club Website:

[www.sunsetskatingclub.com](http://www.sunsetskatingclub.com)

All skaters working on up to and including stage 6 will be required to wear a CSA approved hockey helmet on the ice. Snowboarding, ski and bicycle helmets not allowed.

website: [www.sunsetskatingclub.com](http://www.sunsetskatingclub.com)



## Pre-CanSkate (3 to 5 year olds)

**45-minute lessons** for young beginner skaters with little experience. Activities are age appropriate with more emphasis on individual attention. We recommend that skaters be able to stand up and balance on skates on the ice. **(14 Weeks )**

Days	Time	Dates	Cost
Mondays	6:00pm to 6:45pm	September 11 to December 11	\$154
Wednesdays	5:00pm to 5:45pm	September 13 to December 13	\$154
Fridays	5:15pm to 6:00pm	September 15 to December 15	\$154
Saturdays	10:00am to 10:45am	September 16 to December 16	\$154

The Skate Canada member fee \$32.65 is payable once per year, for the period September 1, 2015 to December 31, 2016

## CanSkate (Stages 1 to 6)

**45-minute lessons** skating lessons in the #1 Learn to Skate Program in Canada. Emphasis on fun and continuous movement. Skaters progress at their own speed through this Skate Canada sanctioned program. Awards and incentives are used to motivate skaters to achieve their personal best. **(14 Weeks )**

Days	Time	Dates	Cost
Mondays	6:00pm to 6:45pm	September 11 to December 11	\$154
Wednesdays	5:00pm to 5:45pm	September 13 to December 13	\$154
Fridays	5:15pm to 6:00pm	September 15 to December 15	\$154
Saturdays	10:00am to 10:45am	September 16 to December 16	\$154

The Skate Canada member fee \$35.65 is payable once per year, for the period September 1, 2017 to August 31, 2018

Skating more than one session per week is **highly recommended**, as skaters will have more ice time to practice and will progress faster.

2 sessions per week: 5% off

3 sessions per week: 10% off

4 sessions per week: 15% off

**No skate rentals available. Skaters must bring their own skates and a CSA approved hockey helmet.**

Gloves and waterproof pants are recommended.

**Reminder: Parents please do not leave the ice rink during your skater's lesson.**

**All skaters working on up to and including stage 6 will be required to wear a CSA approved hockey helmet on the ice.  
Skateboarding, ski and bicycle helmets are not allowed.**