

Sunset Skating Club Skaters Code of Conduct

This is a code of conduct for skaters to abide by at all SSC sessions. The code of conduct is to be observed for safety and to ensure that everyone can make effective use of their ice time. Please read, keep the upper portion for reference, **sign and return the bottom of this form** when you register for sessions at the Club.

- a. All skaters are expected to treat others with respect.
- b. Parents and other skaters are requested not to interrupt coaches while lessons are in progress.
- c. The "right of way" goes first to the skater in a harness, then to the soloist, then to the skaters in a lesson. Note that there are usually multiple lessons at the same time. Other skaters must avoid undue interference with the skaters who have the "right of way". Skaters having the "right of way" must also remember to keep an alert eye open to avoid collisions and may respectfully remind others of "right of way" e.g. "excuse me", except when both skaters have equal "right of way".
- d. Pay attention to the position of other skaters at all times. Be especially alert for reverse jumpers.
- e. When standing near the boards, don't enter the flow of skaters without checking to make sure you're not going to cut someone off.
- f. Look in the direction of travel when skating backwards.
- g. Do not sit or lay on the ice. Get up as quickly as possible after falling.
- h. Avoid skating in the Lutz corners of the rink for prolonged periods as this impedes other skaters' ability to perform their elements and programs. Be especially aware of your surroundings when you are in these corners as the approach to a Lutz is long and blind. The skater doing the Lutz is not likely to see you.
- i. Avoid skating in the centre of the rink for prolonged periods as this impedes other skaters' ability to perform their elements and programs.
- j. Refrain from standing around and socializing on the ice. This wastes expensive ice time, interferes with other skaters' training and presents an additional hazard for other skaters to avoid.
- k. Sitting or climbing on the boards in the arena is not permitted.
- l. Eating, chewing gum, or drinking (with the exception of drinking water) is not permitted on the ice.
- m. Pushing, shoving, throwing snow, or damaging the ice surface by kicking or stomping is not allowed.
- n. Solo music will be played as per the Music Playing Policy:
 - After a five minute warm-up, the Music Player starts playing the music and goes through the list. A different skater starts each session.
 - If a skater chooses not to do their solo when it is their turn, they go to the bottom of the list before the Buy-On skaters
 - Coaches may request solos when they are coaching a skater, but a skater who had their solo in a lesson does not get to have it again until everyone else on the list has skated their solo.
 - A volunteer music player, who would also look after buy-ons, must be present at every session. If the designated person can not be present for their session, they must find a sub for this session.
- o. Coaches may request solo music for a skater during a lesson only.
- p. Abide by session designations: No dance, skills or prolonged stroking exercises are allowed on Freeskate sessions.
- q. Abide by session criteria: skate only on sessions for which you qualify. Requests for exceptions may be made in writing to the Board.
- r. When the buzzer sounds and the Zamboni doors open the session is over. Stop skating, help patch holes if requested and clear the ice quickly.

Detach and return this portion of the page

I have read, understand and agree to support the Sunset Skating Club's Code of Conduct for Skaters. I understand that failure to abide by this code may result in consequences ranging from a warning, being sent off the ice for the remainder of a session, and possibly being suspended for the season without refund.

Skater's Name (print): _____ Skater's Signature: _____

Parent's Signature (if skater is under 18): _____ Date: _____

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